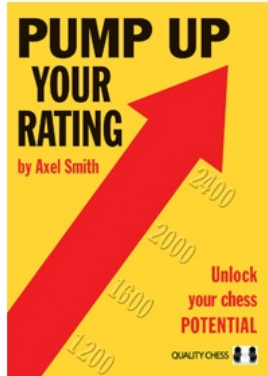


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Pump Up Your Rating (hardcover) by Axel Smith

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Product description

Any man in the street knows how to increase his physical strength, but among most chess players confusion reigns when it comes to improving their playing strength. Axel Smith's training methods have guided his friends, teammates and pupils to grandmaster norms and titles. Hard work will be required, but Axel Smith knows how you can Pump Up Your Rating.

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The author has started a blog in which he shares some of his experiences as a chess coach and discusses the progress of his pupils - [Pump Up Your Rating blog](#)